



## WHY CHOOSE

# GRANDCARE HEALTH SERVICES

- Rated a 5-star agency by CMS
- Specialized in Orthopedic Rehabilitation
- Staff with years of experience treating patients with orthopedic needs, including Physical Therapists with Doctor of Physical Therapy status Trusted provider
- of In-Home Orthopedic Rehab for over 15,000 patients
- Personalized communication and treatment protocols
- Proven to provide high-quality, cost-effective patient care
- Transportation service available with Uber Health
- Infection control protocols to ensure the safety of our patients, staff and community
- Offers full range of rehabilitation services in the home setting; *We bring In-Home Rehab to you*



Scan to see  
what our  
clients have to  
say on Yelp!



## ABOUT

# GRANDCARE HEALTH SERVICES

GrandCare Health Services is a provider of Home Health and In-Home Rehab in Southern California. We are accredited by The Joint Commission under the Home Health Program and licensed by the California Department of Public Health.

Servicing Los Angeles, Ventura, Orange, Riverside, San Bernardino and San Diego Counties.



**GRANDCARE**  
HEALTH SERVICES

### GRANDCARE HEALTH SERVICES

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Suite 700A Pasadena,  
CA 91107

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Referral Fax  
(818) 244-7331

Referral Email: [Intake@GrandCareHealth.com](mailto:Intake@GrandCareHealth.com)

[www.GrandCareHealth.com](http://www.GrandCareHealth.com)

### GRANDCARE SAN DIEGO

2535 Camino Del Rio S.,  
Suite 120  
San Diego, CA 92108

Referral Line  
(619) 220-6980

Referral Fax  
(619) 599-8128



A 5-star, trusted  
provider of in-home  
rehabilitation for  
over 15,000 patients.



**GRANDCARE**  
HEALTH SERVICES

[www.GrandCareHealth.com](http://www.GrandCareHealth.com)



## WHAT IS HOME HEALTH?

Home health care is a medical service provided by a skilled medical professional in the comfort of a patient's home. It is often prescribed as part of a care plan following hospitalization or outpatient surgery. Your physician will decide whether this type of care is right for you.

Home health care is usually less expensive, more convenient and just as effective as care provided in a hospital or a Skilled Nursing Facility.



## WHAT IS OUTPATIENT THERAPY?

Outpatient Therapy is a non-medical service that is a vital part of the recovery process, focused on maximizing your strength, endurance, and balance with practical activities and even your favorite hobbies. GrandCare provides outpatient therapy services in the comfort and convenience of your home.

### WHO PAYS FOR HOME HEALTH SERVICES?

Home health benefit is included in most Medicare Part A, HMO and commercial insurance plans.

### WHO PAYS FOR OUTPATIENT THERAPY SERVICES?

Medicare Part B and most commercial insurance plans cover Outpatient Therapy. GrandCare also offers private pay options. Contact us to see if your plan covers our services!



## HOME HEALTH SERVICES

- Orthopedic Rehabilitation
- Total Joint Rehabilitation
- Physical Therapy
- Occupational Therapy
- Speech Therapy
- Skilled Nursing
- Home Safety Assessment Education
- Medication Management



## OUTPATIENT THERAPY SERVICES

- Outpatient Therapy
- Pre-Surgical Rehab
- Physical Therapy
- Occupational Therapy
- Speech Therapy

## ORTHOPEDIC PROGRAM

We have optimized our therapy program to provide you with a safe and speedy recovery, providing all the information that you need about your home rehabilitation to get you back to living an independent lifestyle.

GrandCare will send a Nurse or Physical Therapist to your home following your surgery. Upon admission to GrandCare's services, we will begin your plan of care, which may include wound care, medication management, patient education and home exercise programs customized to your physician's preferences. Patients are typically discharged to outpatient therapy within three weeks.

GrandCare is available to provide Outpatient Therapy in the home setting. Contact us to learn more about how GrandCare can provide a full range of orthopedic rehabilitation services to expedite your recovery.

